

**SAFETY CONVERSATION STARTERS
SPEAK UP**

**What does 'speak up'
mean to you?**

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**What situation are you proud
of because of speaking up?**

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**Describe a situation in which
you did not speak up and tell
how this did makes you feel.**

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**Why do you intervene when you see a colleague not obeying the rules or doing something unsafe?
Or why don't you?**

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**If any of my work colleagues (including subcontractors) choose not to abide by the rules, that is their responsibility.
How do you feel about this statement?**

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**How do you feel when your work
colleagues and/or manager ask
you for your opinion?**

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**In what situation did you
ask a work colleague for
an opinion or advice?**

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**Has a colleague ever helped you
in preventing to make a mistake
and how did that make you feel?**

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**Have you ever disobeyed the
rules yourself and why?**

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Do you think that at BAM you can talk about everything without negative consequences? In other words do you feel safe within BAM?



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**What can we do at BAM to
ensure that everyone feels
free to speak up?**

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**What can we achieve with
each other if we do speak up?**

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**Do you speak up to people about
their behaviour, even if it is not
directly related to your own work
or responsibilities?**

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**What do you do when a
customer puts an unsafe
assignment in the market?**

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**What do you do to relax?
Keep fit and well?**

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What do you do when you are feeling stressed or a little overwhelmed – whether work related or personal? Would you feel comfortable to speak up about this?

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Have you ever experienced a situation where you really wanted to speak up for yourself or a colleague, but you felt like you couldn't - describe why?

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**Has someone showed concern
about your wellbeing? How
did that conversation go?**

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**Is your daily work routine characterised by pressure to perform, high work tempo and time pressure?
How does that make you feel?**

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**Do you speak up about work
related and/ or personal stress
factors with your supervisor?**



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